



Coast Lines

Palos Verdes Peninsula Branch
March 2013 Volume 55 Number 7

Building Blocks for Resilience in Later Life

a talk by **Helen Dennis**, author, lecturer and syndicated columnist

Helen Dennis, a nationally recognized leader on issues of aging, employment and retirement, has received numerous awards for her university teaching at USC's Andrus Gerontology Center and for her contributions to the field of aging.

Author of three books and over 40 articles, frequent speaker and weekly columnist on Successful Aging for the Daily Breeze, LA Daily News and the Long Beach Press Telegram (reaching almost 1 million readers), she has assisted over 10,000 employees to prepare for the non-financial aspects of their retirement. In her volunteer life, she has served as president of five nonprofit organizations.

Helen is co-author with Bernice Bratter of the Los Angeles Times bestseller book *Project Renewment: The First Retirement Model for Career Women*.

Fully engaged in the field of aging, she was a delegate to the 2005 White House Conference on Aging and has had extensive experience with the media including Prime Time, network news, the Wall Street Journal, Sacramento Bee, Orange County Register and Christian Science Monitor.



Helen Dennis

Saturday ~ March 30, 2013 ~ 10:00 am

Peninsula Center Library ~ Community Room
701 Silver Spur Road, Rolling Hills

AAUW is co-sponsoring this program with the Palos Verdes Library District.

The program is free and open to the public. For more information, call **Fran Wielin** at 310-541-6189.

At this meeting, discounted 15-month AAUW memberships will be available to new members. For membership information, please call **Trish Dilligan** at 310-541-7104. See article on page 3.

From the Council Chair . . .

I've been thinking about AAUW Funds.

I recently received a printout showing that in addition to the modest \$2 of our annual membership dues that support the AAUW Funds, over 25 of our members made individual contributions last year. In addition, Readers Theater made a special gift.

We're making a difference in the lives of women and girls through our contributions to AAUW Funds. Last year AAUW provided more than \$4.3 million for more than 278 fellowships and grants. And more than \$100,000 support to plaintiffs in seven precedent-setting lawsuits, including the Wal-Mart pay discrimination cases and the military sexual assault cases.

I recently went to the national website to remind myself of what all the AAUW Funds include. I thought others might like to be reminded too. (AAUW Funds is the umbrella general fund which supports all AAUW's charitable work.)

- **The Legal Advocacy Fund** supports the protection of the legal rights of those who are facing discrimination, including case support. The new film, *The Invisible War*, features several cases of sexual assault/harassment in the military.
- **The Educational Opportunities Fund** includes fellowships and grants and supports educational and learning opportunities that give women a chance for a lifetime of success. Those who attend the spring Funds Awards Luncheon each year know how important this Fund is.
- **The Public Policy Fund** supports advocacy for public policies and laws that are fair to women. Last year's important voting initiative is an example of work in this area.
- **The Eleanor Roosevelt Fund** supports AAUW research to provide analysis, data and accurate information about issues that are important to women and girls. Past reports include *Behind the Pay Gap* (2007) and *Where the Girls Are* (2008), and most recently, *Graduating to a Pay Gap*. Upcoming reports will cover women and girls in science, technology, engineering and math and sexual harassment in the workplace.
- **The Leadership Programs Fund** supports programs that develop women's potential to lead in their schools, workplaces, communities and country. Leadership programs include the National Conference for College Women Student Leaders, Campus Action Projects and Elect Her.

Check out the national website – www.aauw.org -- for more information. And the next time an opportunity arises to contribute to the AAUW Funds, think about the difference it will make.

Sherry

(Editor's Note: See page 6 for a great opportunity to support the AAUW Educational Opportunities Fund by simply shopping for groceries.)

Membership

All members are encouraged to invite a friend or neighbor to our next public meeting at the Peninsula Center Library on Saturday, March 30, at 10:00am in the Community Room. Daily Breeze columnist, Helen Dennis, author of Project Renewment: The First Reirement Model for Career Women will speak.

Helen has graciously agreed to join us for lunch after the meeting at Fu Yuan Low restaurant in the Peninsula Center. This will be a no-host "family style" luncheon and the cost is \$15.00. If you would like to attend, please contact either **Cordelia Hwang** at cordeliahwang@yahoo.com or **Trish Dilligan** at pdilligan@yahoo.com no later than March 15.

Please remember that anyone who joins AAUW at this meeting will only pay \$60.50 for membership until June 30, 2014!! This is part of AAUW's "Shape the Future" campaign and is an excellent opportunity for our Branch to recruit new members.

We hope to have strong attendance at the Library on March 30 so please mark your calendars and plan to join us if you will be in town. If you have any questions, please contact either Cordelia or Trish.

Submitted by Trish Dilligan

*Dance as if no one's watching,
Sing as if no one's listening,
and Live everyday as if it were your last.*

AAUW-PVP 2013 CALENDAR

March 5	Outing to hear Lilly Ledbetter speak in Redlands - Call Rowie Wolf if interested
March 12	Leadership Council Meeting at Hesse Park - 2-4 pm all members are welcome
March 16	RT performs <i>Athletes</i> for PV Women's Club at Trump's - 11am
March 17	LACIC Meeting at Presbyterian Hospital, 12401 Washington Blvd, Whittier - 2pm
March 30	Community Event at Peninsula Center Library featuring Helen Dennis
April 15	RT performs <i>Athletes</i> for City of Cerritos at Cerritos Library - 7pm
April 23	Visit to the Museum of Tolerance - Call Judy Purvis or Nancy Leonard
May 14	Annual Meeting and Leadership Council at Hesse Park - 2-4 pm
June 1	Awards Luncheon at the Red Onion - Call Mary Shackle to reserve
June 12	AAUW National Convention in New Orleans

Exploring Science

Will It Be OK?

That was the question for the Junior Girl Scouts as they crashed their toy trucks containing raw eggs simulating passengers. At the first 2013 session of Exploring Science, the girls watched a video of a Toyota crash test that demonstrated the importance of safety measures such as seat belts and air bags. After the video they used their own vehicles (toy trucks) containing passengers (raw eggs) protected by a variety of materials of their choice.

There were loud cheers when each of the eggs survived the crash. The father and daughter team of presenters were **Dick and Jessica Granoff**. Dick is a retired physics teacher and Jessica is a “cool” engineer who looks more like a high student than the accomplished professional she is. Their presentation was a total success.

The next sessions will be on February 21, March 13, April 25 and May 21. They take place at Silver Spur School from 7:00 to 8:15 pm. We invite members to attend as it is a fun and rewarding way to spend an evening and....we can certainly use many adult hands!

You can join the Exploring Science Team by contacting **Maria Ashla** by e-mail at MariaAshla@cox.net. It’s a rewarding and educational experience.



Above: Test vehicle and fragile “passengers”

Left: Teams strategize safety measures they will implement to protect their “passengers”

Below: Jessica Granoff, who doesn’t look much older than the scouts she’s working with, watches as teams run safety tests.



For Your Information

Ralphs Rewards Program Supports AAUW Educational Opportunities Fund

Did you know you can support the AAUW Educational Opportunities Fund every time you make a purchase at Ralphs markets? It's really simple - Ralphs will automatically donate a percentage of your purchases, at no cost to you, to the AAUW PVP Branch Education Opportunities Fund. BUT, for this to happen, you must have a Ralphs Rewards card and you must designate your community reward to Organization 83150 (that's the number for American Association of University Women, PVP Branch).

Here are the step by step directions. If you have a problem, please call Cordelia Hwang at 310-541-3261.

Step 1: On you browser go to <https://customer.ralphs.com/Login.aspx>

Step 2: Log in or set up an account (You must have a Ralphs rewards card)

Step 3: Go to "My Account"

Step 4: Click on "Account Settings", then "Community Rewards" (bottom choice)

Step 5: You will see the page below:


- a) Enter number **83150** in box and click on **Search**.
- b) Select **AMERICAN ASSOCIA OF UNIV WOMEN PVP BR** by clicking on "o".
- c) Click on **SAVE**.

Ralphs Community Contribution Program

a) Find Your Organization. Enter your organization number and click 'search'.

83150	Search
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b) Select Your Organization. Select your organization below.

Organization Name	Address	Organization Number
 AMERICAN ASSOC OF UNIV WOMEN PVP BR	22937 Arlington Ave #104, Torrance,, CA	83150

c) Save Your Selection

Click the "Save Changes" button to save your selection.

save changes

An alternate way to register your card for donations to our Branch would be to present a letter at your store and ask the cashier to scan the bar code on the letter within your order in addition to scanning your Ralphs rewards card. A copy of this letter is available from **Cordelia Hwang** at e-mail cordeliahwang@yahoo.com.

Bristol Farms Scrip Supports AAUW Educational Opportunities Fund

Cordelia also has Bristol Farms scrip available which provides an 8% contribution to the AAUW Educational Opportunities Fund and you can purchase as little as \$50, in denominations of \$10 and \$20. Just contact **Cordelia Hwang** at e-mail cordeliahwang@yahoo.com.

Thank you for supporting AAUW Educational Opportunities Fund fellowships and project grants to further women's education.

Submitted by Cordelia Hwang

March

<u>GROUP</u>	<u>DATE</u>	<u>TIME</u>	<u>PLACE</u>	<u>CONTACT</u>
AAUW – Who Are We Anyway? (WAWA)	3/21 Thursday	10:00 am	Home of Nancy Mahr 310-377-0735	Judy Purvis 310-375-8578
Monthly discussion group about AAUW mission				
Arts & Artists	3/19 Tuesday	7:00 pm	Home of Kathleen Fitzgerald 310-373-0946	Nancy Leonard 310-519-1606
Monthly meeting for art lovers Please contact Kathleen Fitzgerald if you are interested in helping to start a second group				
Bridge-Ettes	3/19 Tuesday	1:00 pm	Home of Jan Cofer 310-791-8337	Margery Norris 310-514-3980
Call Margery if interested in being added to sub list				
Contemporary Literature	3/11 Monday	9:30 am	Home of Sharon Andrade 310-541-2417	Barbara Prassas 310-519-8044
<i>The Sense of an Ending</i> by Julian Barnes April: <i>The Chaperone</i> by Laura Moriarity				
Eclectic Readers	3/21 * Thursday	2:00 pm	Home of Ellen Alkon 310-373-2903	Jan Cofer 310-791-8337
* Note permanent change to 3 rd Thursday of month <i>Cronkite</i> by Douglas Brinkley April: <i>Me Before You</i> by JoJo Moyes				
Great Decisions – Northside Group	3/18 Monday	10:00 am	Home of Susan Wallace	Kathleen Fitzgerald 310-373-0946
Topic #1: "Future of the Euro" Facilitator: Shirley Kay If you haven't collected your new book, contact Kathleen				
Great Decisions – PV Shores Group	3/18 Monday	10:00 am	PV South Shores Clubhouse	Sharon Andrade 310-541-2417
Topic #1: "Future of the Euro" Facilitator: Jan Gardner				

March

<u>GROUP</u>	<u>DATE</u>	<u>TIME</u>	<u>PLACE</u>	<u>CONTACT</u>
Grand Slammers	3/14 Thursday	1:00 pm	Home of Judy Purvis 310-375-8578 Call Sara if interested in being added to sub list	Sara Bowlus 310-541-2767
Lunch Bunch	3/27 Wednesday	12 noon	Palos Verdes Country Club Call Nancy to confirm attendance	Nancy Kellogg 310-377-2427
Mah Jongg	Every Friday	1:00 pm	Contact Myrna for dates and locations Contact Anne Destabelle at 310-541-8469 if you are interested in lessons	Myrna Plost 310-541-6743
Night Books	3/11 Monday	7:00 pm	Home of Leann Roque 310-541-3525 <i>Caleb's Crossing</i> by Geraldine Brooks April: <i>My Beloved World</i> by Sonia Sotomayor	Rowie Wolf 310-373-5970
Readers Theater	3/18 * Monday * Note Date Change	7:00 pm	Home of Pilar Hale-Simmons 310-514-0192 All interested members are welcome	Jacky Mason 310-377-3896
Walkers	Every Thursday	7:00 am	Cliffs at the south end of Hawthorne Blvd Weekly 60-90 minute walk – Four-legged friends welcome	Kathleen 310-373-0947 Cordelia 310-541-3261
Women in Transition (WIT)	3/6 Wednesday	7:00 pm	Malaga Bank 2514 Via Tejon, PVE Monthly discussion group for women in all types of transitions	Susan Negrete 310-374-2116

Happiness is an inside job.

Inspire others to be their best by being your best.

Don't forget to Smile - it's free!



<http://aauw.org>
<http://aauw-ca.org>
<http://palosverdes-ca.aauw.net/>

First Class
Mail

**AMERICAN ASSOCIATION OF UNIVERSITY WOMEN
PALOS VERDES PENINSULA BRANCH
P.O. BOX 2443
PALOS VERDES PENINSULA, CA 90274**

AAUW Mission Statement

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research

AAUW Vision Statement

AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls

CoastLines

CoastLines is the monthly newsletter of the AAUW Palos Verdes Peninsula Branch edited by Marion Martelli.

CoastLines is distributed to members via e-mail as a PDF file. Those requiring printed and posted copies are requested to make an annual contribution of \$10 to cover printing and postage.

Deadline for copy and photos is the 10th of each month preceding the issue month. *CoastLines* is issued September through May with a combined issue for December/January. In some years, a ninth issue may be posted in June or August.

Materials should be forwarded to Marion Martelli at vinmar@cox.net. For changes in your e-mail account to ensure receipt of *CoastLines*, contact Marion. For members receiving *CoastLines* via postal delivery, please notify Faith Morrow at morrows@verizon.net of any changes.

Branch Message Board

Nancy Leonard is organizing an outing for **Tuesday, April 23 at 10 am** to the **Museum of Tolerance**.

There will be a small cost for a docent led tour with up to 20 participants. If interested, let Nancy know.

Further information about car pools and optional lunch will be in the next *CoastLines*.

Check out this Los Angeles museum for yourself at:
museumoftolerance.com